

# Board Vitals: Sports Medicine

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**Release date:** January 1, 2021

**Expiration date:** December 31, 2021

Estimated time to complete activity: Up to 30 hours

## Overview

Board Vitals provides a high-quality, effective, and powerful board review tool that is used by practicing physicians, residents, and medical students.

A question bank for Sports Medicine Specialists provides up-to-date questions and explanations with answers. The full-length practice exam is a means to judge one's overall preparedness and a way to compare with their peers to estimate what their score might be on the board examination.

## Target Audience

The target audience consists of practicing physicians, residents, and medical students specializing in Sports Medicine.

## Learning Objectives

Upon completion of this activity, participants should be able to:

- Provide guideline and knowledge-based approaches to acute and chronic injuries in the athlete
- Apply understanding of the pathophysiology of acute injuries in the athletic population
- Investigate the underlying pathophysiology of degenerative disorders pertaining to athletes
- Describe potential treatment options and common surgical and non-surgical procedures

## Faculty

Andrea Paul, MD

Michigan State University College of Human Medicine, Doctor of Medicine

Yale, Internal Medicine Residency

Chief Medical Officer

Board Vitals

Gainesville, FL

## Accreditation and Designation

Board Vitals is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Board Vitals designates this enduring material for a maximum of 30 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## MOC Statement

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 30 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## Commercial Support

None

### **Faculty and Planners Disclosure Statement**

As a provider dedicated to independent education and accredited by the ACCME, BoardVitals must ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. It is the policy of BoardVitals to require disclosure of the existence of any significant financial interest or other relationship a faculty member, planner, or a sponsor has with either the commercial supporter of this activity or the manufacturer(s) of any commercial product(s) discussed in an educational presentation.

### **Faculty Disclosures**

Andrea Paul, MD has disclosed no relevant financial relationships.

### **Planner Disclosures**

Daniel Lambert, CEO, BoardVitals, has disclosed no relevant financial relationships.

### **Independent Peer Reviewer**

Ross Mathiasen, MD has disclosed no relevant financial relationships.

Benjamin Stueben, MD has disclosed no relevant financial relationships.

### **Method of Participation to Earn CME/CE Credit**

Learner pays the appropriate fee for participating in and receiving credit for this online educational activity. In order to obtain credit for participating in this activity during the period of January 1, 2021, through December 31, 2021, participants must:

1. Read the educational objectives and disclosure statements
2. Complete the case-studies presented during the session and score 70% or higher.
3. Review the appropriate modules. Participants may make corrections to incorrect responses as needed.
4. Upon completion of the entire module, the learner may receive 30 credits or may redeem a portion of the 30 credits by increments of 1 hour at a time.
5. Submit the online evaluation to BoardVitals.

Credit will be issued only upon completion of the exam questions with a score of 70% or higher and activity evaluation. After completing this information, you will be able to print out your credit certificate. This activity should take up to 30 hours to complete. Credits are redeemable in 1-hour increments.

### **Hardware/Software Requirements**

BoardVitals: Sports Medicine training can be delivered to the latest devices physicians prefer to use, including iPads®. Compatible browsers and devices include:

- Microsoft® Internet Explorer®: 9, 10
- Apple® Safari®
- Google Chrome™
- Mozilla® Firefox®
- Apple® Mobile Devices: iPad®, iPhone®
- Android™ Mobile Devices

Our training solution is playable on virtually any web-enabled device with an Internet browser. We also have a specialized mobile app for devices with smaller screens like iPhones®, available on iOS® and Android™ devices. Users must have an Internet connection. A flash plug-in is not required for this training.

Any trademarks, service marks, product names or related features are assumed to be the property of their respective owners and are used only for reference. There is no implied endorsement by usage of (any / one) of these terms.

### **Disclaimer**

The opinions expressed in the enduring educational activity are those of the faculty. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings. Further, attendees/participants should appraise the information presented critically and are encouraged to consult appropriate resources for any product or device mentioned in this program.

**Privacy Policy**

At BoardVitals, we care about providing you with tools and information to manage and protect your online privacy. BoardVitals retains records solely for keeping records in accordance with ACCME policies. We will not share your information with any other organizations. We will keep you informed of our CME activities.

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