

# Board Vitals: Child and Adolescent Psychiatry

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**Release date:** July 1, 2017

**Expiration date:** June 30, 2019

Estimated time to complete activity: Up to 50 hours

## Overview

Board Vitals provides a high-quality, effective, and powerful board review tool that is used by practicing physicians, residents, and medical students.

A question bank for Child and Adolescent Psychiatrists provides up-to-date questions and explanations with answers. The full-length practice exam is a means to judge one's overall preparedness and a way to compare with their peers to estimate what their score might be on the board examination.

## Target Audience

The target audience consists of practicing physicians, residents, and medical students specializing in Child and Adolescent Psychiatry.

## Learning Objectives

Upon completion of this activity, participants should be able to:

- Formulate a diagnosis through evaluating present symptoms, course of illness, observation of inter-family relationships and functionality, and past medical and psychiatric history
- Appropriately order and administer psychotropic medication by selecting relevant agents and by assessing risk to benefit ratio
- Monitor efficacy and side effects of administered psychotropic medications
- Adjust, or alter, psychotropic medications as appropriate
- Implement inpatient psychotherapy techniques and strategies

## Faculty

Andrea Paul, MD

Michigan State University College of Human Medicine, Doctor of Medicine

Yale, Internal Medicine Residency

Chief Medical Officer

Board Vitals

Gainesville, FL

## Accreditation and Designation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Nebraska Medical Center, Center for Continuing Education and Board Vitals.

The University of Nebraska Medical Center, Center for Continuing Education is accredited by the ACCME to provide continuing medical education for physicians.

The University of Nebraska Medical Center, Center for Continuing Education designates this enduring material for a maximum of 50 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**MOC Statement**

This module is eligible for 50 American Board of Psychiatry and Neurology SAM credits. One CME credit is equivalent to one ABPN SAM credit.

**Commercial Support**

None

**Faculty and Planners Disclosure Statement**

As a provider dedicated to independent education and accredited by the ACCME, the University of Nebraska Medical Center, Center for Continuing Education must ensure balance, independence, objectivity, and scientific rigor in all of its educational activities. It is the policy of UNMC to require disclosure of the existence of any significant financial interest or other relationship a faculty member, planner, or a sponsor has with either the commercial supporter of this activity or the manufacturer(s) of any commercial product(s) discussed in an educational presentation.

**Faculty Disclosures**

Andrea Paul, MD has disclosed no relevant financial relationships.

**Planner Disclosures**

Daniel Lambert, CEO, Board Vitals, has disclosed no relevant financial relationships.

Lois Colburn, Executive Director, UNMC Center for Continuing Education, has disclosed no relevant financial relationships.

**Independent Peer Reviewer**

Maria McGee, MD has disclosed no relevant financial relationships.

**Method of Participation to Earn CME/CE Credit**

Learner pays the appropriate fee for participating in and receiving credit for this online educational activity. In order to obtain credit for participating in this activity during the period of January 20, 2016 through January 20, 2018, participants must:

1. Read the educational objectives and disclosure statements
2. Complete the case-studies presented during the session and score 70% or higher.
3. Review the appropriate modules. Participants may make corrections to incorrect responses as needed.
4. Upon completion of entire module, learner may receive 50 credits, or may redeem a portion of the 50 credits by increments of 1 hour at a time.
5. Submit the online evaluation to Board Vitals.

Credit will be issued only upon completion of the exam questions with a score of 70% or higher and activity evaluation. After completing this information, you will be able to print out your credit certificate. This activity should take up to 50 hours to complete. Credits are redeemable in 1 hour increments.

**Hardware/Software Requirements**

Board Vitals: Adolescent Medicine training can be delivered to the latest devices physicians prefer to use, including iPads®. Compatible browsers and devices include:

- Microsoft® Internet Explorer®: 9, 10
- Apple® Safari®
- Google Chrome™
- Mozilla® Firefox®
- Apple® Mobile Devices: iPad®, iPhone®

- **Android™ Mobile Devices**

Our training solution is playable on virtually any web enabled device with an Internet browser. We also have a specialized mobile app for devices with smaller screens like iPhones®, available on iOS® and Android™ devices. Users must have an Internet connection. A flash plug-in is not required for this training.

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